**Words 1**

Read and choose.

1.  Your body has many skin / blood / systems / lungs that work together.

2.  Your heart / trachea / lungs / diaphragm pumps air / mucus / veins / blood around your body.

3.  Your stomach / heart / lungs / vein put oxygen into your blood and remove oxygen / capillaries / carbon dioxide / mucus from it.

4.  You can feel your pulse / lungs / trachea / blood in your wrist.

5.  Your system / trachea / neck / heart lets air into your lungs.

6.  Arteries and oxygen / veins/ carbon dioxide / lungs carry blood around your body.

**Words 2**

Read and match.

|  |
| --- |
| air carbon dioxide heart diaphragm capillary  lungs mucus oxygen |

|  |  |
| --- | --- |
| **A working part of your body** | **Not a working part of your body** |
|  |  |

**Read 1**

Read and choose.

|  |
| --- |
| **Your Lungs**  Your lungs are major organs in your body. People used to think that your lungs helped keep you cool. However, now we know that they help you breathe and put oxygen into your body.  Your lungs are like two big sponges. A big tube called the “trachea” joins your lungs to your mouth. Your diaphragm squeezes air out of your lungs.  When you breathe in, tiny tubes in your lungs called “capillaries” put oxygen into your blood. Your heart then pumps the blood around the veins and arteries in your body. It delivers the oxygen to your muscles. Throughout this process, your body produces carbon dioxide, which it doesn’t need. So your lungs take the carbon dioxide out of your blood, and you breathe the carbon dioxide out through your nose or mouth.  Your body does this all the time – 12 times a minute or more. The average adult breathes in 11,000 liters of air every day! |

1.  Your lungs pump blood around your body / keep you cool / squeeze air out of your body / put oxygen into your blood.

2.  The job of the diaphragm is to put oxygen into your blood / deliver oxygen to you muscles / squeeze air out of your body / pump blood around your body.

3.  Your heart fills your lungs with air / pumps blood around your body / fills your veins with oxygen / delivers oxygen to your muscles.

4.  Blood makes carbon dioxide / pumps oxygen around your body / delivers oxygen to your muscles / squeezes air out of your body.

5.  Your lungs also remove carbon dioxide / breathe out blood / carry mucus / use carbon dioxide from your body.

6.  People used to think that your lungs pumped oxygen around your body / delivered oxygen to your muscles / helped you keep cool / added oxygen to your blood .

**Read 2**

Read and complete.

|  |
| --- |
| **Your Lungs**  Your lungs are major organs in your body. People used to think that your lungs helped keep you cool. However, now we know that they help you breathe and put oxygen into your body.  Your lungs are like two big sponges. A big tube called the “trachea” joins your lungs to your mouth. Your diaphragm squeezes air out of your lungs.  When you breathe in, tiny tubes in your lungs called “capillaries” put oxygen into your blood. Your heart then pumps the blood around the veins and arteries in your body. It delivers the oxygen to your muscles. Throughout this process, your body produces carbon dioxide, which it doesn’t need. So your lungs take the carbon dioxide out of your blood, and you breathe the carbon dioxide out through your nose or mouth.  Your body does this all the time – 12 times a minute or more. The average adult breathes in 11,000 liters of air every day! |

|  |
| --- |
| capillaries diaphragm oxygen trachea carbon dioxide  arteries muscles |

1.  Your lungs help you breathe and put \_\_\_\_\_\_\_\_\_\_\_ in your body.

2.  Your \_\_\_\_\_\_\_\_\_\_\_ joins your lungs to your mouth.

3.  Your \_\_\_\_\_\_\_\_\_\_\_ squeezes air out of your lungs.

4.  When you breathe in, the tiny tubes in your lungs, the \_\_\_\_\_\_\_\_\_\_\_ , put oxygen into your blood.

5.  Your heart pumps blood around the veins and \_\_\_\_\_\_\_\_\_\_\_ in your body.

6.  Your blood delivers the oxygen to your \_\_\_\_\_\_\_\_\_\_\_ .

7.  You breathe the \_\_\_\_\_\_\_\_\_\_\_ out through your nose or mouth.

**Read 3**

Read and complete the sequence of actions.

|  |
| --- |
| **Your Lungs**  Your lungs are major organs in your body. People used to think that your lungs helped keep you cool. However, now we know that they help you breathe and put oxygen into your body.  Your lungs are like two big sponges. A big tube called the “trachea” joins your lungs to your mouth. Your diaphragm squeezes air out of your lungs.  When you breathe in, tiny tubes in your lungs called “capillaries” put oxygen into your blood. Your heart then pumps the blood around the veins and arteries in your body. It delivers the oxygen to your muscles. Throughout this process, your body produces carbon dioxide, which it doesn’t need. So your lungs take the carbon dioxide out of your blood, and you breathe the carbon dioxide out through your nose or mouth.  Your body does this all the time – 12 times a minute or more. The average adult breathes in 11,000 liters of air every day! |

|  |
| --- |
| Next As a result During First Finally After |

**1.** \_\_\_\_\_\_\_\_\_\_\_ your lungs breathe in air.  
**2.** \_\_\_\_\_\_\_\_\_\_\_ , the air travels through the trachea to your lungs.  
**3.** Then tiny tubes called "capillaries" put oxygen into your blood.  
**4.** \_\_\_\_\_\_\_\_\_\_\_ that, your heart pumps blood through your body.  
**5.** \_\_\_\_\_\_\_\_\_\_\_ of this, your blood is able to deliver oxygen to your muscles.  
**6.** \_\_\_\_\_\_\_\_\_\_\_ this process, your body also produces carbon dioxide.  
**7.** \_\_\_\_\_\_\_\_\_\_\_ , you breathe carbon dioxide out of your nose or mouth.

**Grammar in Use 1**

Read and match.

|  |
| --- |
| I ran for five miles. I went to the beach with my aunt.  I used to go running every Thursday evening. I rode on a horse.  I used to ride my bike to school. We had a class trip to the hospital.  I used to cook dinner on Sunday night. I used to play soccer on Saturday afternoon.  I used to eat a lot of chocolate. I ate two big pizzas. |

|  |  |
| --- | --- |
| **Things I did often** | **Things I did one time** |
|  |  |

**Grammar in Use 2**

Read and choose.

1.  I used to hate / used to hated / loved / used to loved running when I was younger, but now I love it.

2.  My grandfather used to do / used to run / run / ran a marathon when he was 60 years old.

3.  I used to ate / ate / eat / used to eat a lot of pizza, but now I eat lots of fruit and vegetables.

4.  People use believed / use to believe / believe / used to believe that the lungs kept your body cool, but now we know they put oxygen into your blood.

5.  Some people to think / think / use to think / used to think that exercise was bad for your body, but now we know it’s good for you.

6.  I think / used to thought / thought / used to think that the biology test was tomorrow, not today!

7.  My mom be / is / used / used to be a really good runner when she was younger. She stopped running when she injured her knee.

8.  Last week, I used to ran / run / used to run / ran five miles! I was really happy.

**Grammar in Use 3**

Rearrange the words to make sentences.

|  |
| --- |
| take the bus to school, I used to but now I walk |

1. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ .

|  |
| --- |
| my dad but now he cycles used to drive to work, |

2. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ .

|  |
| --- |
| food my mom used to cook unhealthy food, but now she cooks healthy |

3. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ .

|  |
| --- |
| I used to watching sports I like watch lots of cartoons, but now |

4. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ .

|  |
| --- |
| watch but now as well I used to play soccer, I play my dad |

5. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ .

|  |
| --- |
| she visits us visit my aunt every summer, we used to but now |

6. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ .

**Grammar in Use 4**

Read and complete.

|  |
| --- |
| used to eat used to think talked used to talk lived  used to live thought ate |

1.  We \_\_\_\_\_\_\_\_\_ in the city, but now we live in the country.

2.  I \_\_\_\_\_\_\_\_\_ in the city five years ago.

3.  I \_\_\_\_\_\_\_\_\_ a lot of fruit and vegetables today, so I feel really healthy.

4.  My dad \_\_\_\_\_\_\_\_\_ a lot of burgers, but now he eats healthy food.

5.  In ancient times, doctors \_\_\_\_\_\_\_\_\_ differently about our bodies.

6.  I \_\_\_\_\_\_\_\_\_ that the history test was this morning!

7.  We \_\_\_\_\_\_\_\_\_ to my relatives on the phone, but now we use a computer.

8.  I \_\_\_\_\_\_\_\_\_ to my cousin on the phone last night.

**Listening**

Listen, read, and choose the correct sentences.

|  |  |
| --- | --- |
| * Babies have about 300 bones. * Adults have more bones than babies. * The smallest bone in your body is in your leg. * In your spine, you have 26 bones called “vertebrae.” * Your skull is one big bone. * Your jaw is the only part of your skull that can move. * There are more bones in your hands than in your feet. * Your fingers have two bones in them. |  |

**Speaking**

Listen, record, then check.

|  |  |
| --- | --- |
| 1.What is the stomach? |  |
| 2.It’s a part of your body that breaks down food. |  |
| 3.What is the heart? |  |
| 4.It’s the part of the body that pumps blood. |  |
| 5.What is a hospital? |  |
| 6.It’s a place where doctors and nurses help sick people. |  |

**Word Study**

Look, read, and choose.

|  |  |
| --- | --- |
| 1. Did you \_\_\_\_\_ that portrait of Maria?    * navigate    * duplication    * navigation    * duplicate |  |
| 1. I didn’t add the numbers up. I just \_\_\_\_\_ the answer.    * concentrated    * concentration    * estimated    * estimation |  |
| 1. My mom took a photo of my brother’s \_\_\_\_\_.    * graduation    * graduate    * estimate    * estimation |  |
| 1. The doctors saw that there was a \_\_\_\_\_ of mucus on his lungs.    * graduate    * concentrate    * graduation    * concentration |  |
| 1. He \_\_\_\_\_ the size of the fish that he caught.    * exaggeration    * concentrated    * exaggerated    * concentration |  |
| 1. My uncle Skip \_\_\_\_\_ the boat to the island.    * estimation    * navigated    * estimated    * navigation |  |

**Writing Study**

Correct the errors. Select the incorrect text, and type.

Everyone like to be fit and healthy. Every Monday I goes to a training session in the park. First, we all does some jumps and stretches to warm up, and then everyone start running. We usually runs around the park and through the woods. No one want to be the slowest. Last week, somebody says we should jump in the lake afterward.